

# TeltoHeart

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TeltoHeart - a wearable device designed to monitor your heart health. TeltoHeart features ECG and heart rate measurement capabilities, providing accurate and reliable data on your heart's performance.

[First Start](#)

[Safety Instructions](#)

[Certifications & Approvals](#)

[Firmware and software changelogs](#)

[FAQ](#)

## External links

<https://teltonika-telemedic.com/products/teltoheart>

## Downloads

### Manual & Documentation

- [TeltoHeart Datasheet \(EN\)](#) (Updated on: 2023-05-15)
- [TeltoHeart Quick Manual \(EN\)](#) (Updated on: 2023-05-15)
- [TeltoHeart Manual \(EN\)](#) (Updated on: 2023-05-15)